

## 2016 Growing Farmers and Farmers' Market Project



Presented by Southern Iowa Local Foods Initiative

*Support locally grown foods by exploring Southwest Iowa's Farmers' Markets!*

For more information visit

[www.southerniowarcd.org](http://www.southerniowarcd.org)

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This digital brochure has been made possible by Southern Iowa Resource Conservation and Development Area, Inc. and the Farmers' Market Promotion Program Grant

**SNAP EBT** can be used to purchase vegetables, fruits, meats, eggs, jellies, jams, baked goods, honey, cheeses, herbs and more at farmers' markets where vendors are EBT SNAP Certified. To see if you qualify for SNAP visit <http://www.dhs.iowa.gov/how-to-apply>.

**WIC** (Women, Infants and Children) vouchers can be used to purchase fresh fruits and vegetables at farmers' markets whose vendors are certified for the Farmers' Market Nutrition Program (**FMNP**). For more information, email Paul Ovrom at [paul.ovrom@iowaagriculture.gov](mailto:paul.ovrom@iowaagriculture.gov).

This brochure notes **\*SNAP EBT** and **FMNP** certified vendor farmers' markets.

Disclaimer: SIRC&D and the FMPP are not responsible for inaccuracies that may be included in this brochure. Contact individual farmers' markets ahead of time for up to date information.

Markets that operate rain or shine close during heavy rain or severe weather.

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## *Southern Iowa RC&D Area Farmers' Markets*

### **Adair County (Stuart)**

Stuart Farmers' Market (rain or shine)

May 18—Oct. 19

Wednesday 4:30-6:30 pm

Location: Lawbaugh City Park

**\*FMNP Certified:** Red Barn Produce, Bill Gomez, Tom Gomez, Sarah Gomez, Nancy Moore and Wayne Gilman

Large variety of fruits and vegetables, frozen beef, eggs, jams/jellies, honey, walnuts, baked goods and crafts.

Occasional Entertainment

Open on holidays that fall on market day.

**Follow "Stuart Iowa Farmer's Market" on Facebook!**

<https://www.facebook.com/StuartIowaFarmersMarket/>

### **Adams County (Corning)**

Green Hills Craft and Produce Association (rain or shine)

May 26--Sept. 29

Thursday 5:00-7:00 pm

Location: Corning Central Park at the Pavilion (between 8<sup>th</sup> and 9<sup>th</sup> on Davis Avenue)

**\*FMPP Certified:** Fulton Family Farms, Carl Produce, The City Farmer

Vegetables, eggs, fruits, honey, jams/jellies and baked goods, etc.

Cattlemen's Association serves a meal on the opening day of the market!

**Follow "Corning, IA-Farmer's Market" on Facebook!**

<https://www.facebook.com/Corning-IA-Farmers-Market-1038202949597647/?fref=ts>

### **Clarke County (Osceola)**

Clarke County Farmers' Market (rain or shine)

June 4—Oct. 15

Tuesday 3:00-6:00 pm

Saturday 8 am-Noon

Fall hours: Sept. 17, Saturday 9 am-Noon

Location: 100 S. Main Street (Southeast side of the Osceola Courthouse Square)

**\*EBT Certified:** Kimberly Lappe

**\*FMNP Certified:** Al Adams, Roger Bill, Leola Boyce, Evan Branson, Ron and Stacey Feehan, Becky Housberg, Kimberly Lappe, Garon Shutt, Anna May Wilson and Nicole Wilson.

Vegetables, fruits, herbs, honey, eggs, jams/jellies, baked goods, candies, crafts, plants and flowers

Monthly activities and entertainment are scheduled for every third Saturday and occasionally other Saturdays.

"Are you wondering how to keep all the wonderful recipes and gardening tips you find on our Facebook page organized? Why not try out Pinterest? Follow us and see how Clarke County Farmers' Market is getting organized here:

<https://www.pinterest.com/clarkecofarmers/>"

-Clarke County Farmers' Market

**Follow "Clarke County Farmers' Market" on Facebook!**

<https://www.facebook.com/ClarkeCountyFarmersMarket/>

### **Decatur County (Lamoni)**

Lamoni Farmers' Market (rain or shine)

May 4-Sept. 28

Wednesday 4:00-7:00 pm, Invinci Parking Lot  
(610 E. Main)

Second Saturday of the month 8:30-Noon,  
Downtown Lamoni

**\*FMPP Certified:** Big Creek Farms

Produce, baked goods, flowers, soy candles,  
beauty products and arts and crafts.

Occasional entertainment on Wednesdays

**Follow "Lamoni Farmers' Market" on Facebook!**

<https://www.facebook.com/Lamoni-Farmers-Market-112874992135806/?fref=ts>

### **Decatur County (Leon)**

Paradise Farmers' Market (rain or shine)

June 23-Oct.13

Thursdays 3:00-5:30 pm

Location: 207 N. Maine (Courthouse Square)

**\*FMNP Certified:** Thundering Hills Farm and  
Parmer's Produce

Vegetables, fresh fruit, eggs, honey, honey  
products and baked goods. Potted flowers and  
gourds available during the fall.

"Our market takes place on the scenic and  
inviting Decatur County Courthouse grounds in  
Leon, Iowa, right next to the Freedom Rock  
painted by Bubba Sorensen. Ample parking  
and plentiful benches under mature shade  
trees makes this a restful spot to visit with  
area folks while you purchase some of Decatur  
County's best." -Darlene Richardson-Market  
Manager.

**Follow "Paradise Farmers' Market" on Facebook!**

<https://www.facebook.com/leonparadisefarmersmarket/>

### **Bedford (Taylor County)**

Bedford Farmers' Market (rain or shine)

May 21-October 15

Saturday 4:00-7:00 pm

Location: Bibbins Park (Northeast section of  
Bedford)

Produce, eggs, honey, jams/jellies, baked  
goods and arts and crafts.

"We are welcoming new vendors. Come see  
our beautiful park! We have a brand new  
amphitheater being put in. We will be hosting  
Bedford Fest at Bibbins Park and Lake of Three  
Fires July 2<sup>nd</sup>-4<sup>th</sup>, with the farmers' market  
taking place on July 2<sup>nd</sup>." -Bill Daleske, Director  
of Bedford Area Chamber and the Bedford  
Economic Development Office.

For more information, email:

[Bedfordareachamber@gmail.com](mailto:Bedfordareachamber@gmail.com)

### **Creston (Union County)**

Creston Farmers' Market (rain or shine)

June 6—Sept. 26

Monday 4:00-6:30 pm

Location: Corner of McKinley Street and Stone  
Street (Southeast corner of McKinley Park by  
the wooden Bear)

**\*EBT Certified:** Lappe, Randol Honey

**\*FMNP Certified:** Lappe, Randol Honey,  
Bridgewater Farm

Vegetables, fruits, beef, chicken, pork, herbs  
and spices, honey, jams/jellies, baked goods,  
fudge, cut flowers, crafts, art and clothing-all  
grown, raised, made or value-added in Iowa.

Live music weekly

Hot food for purchase

Open on holidays

"We have live music and food, picnic tables in  
shelters, parking, bathrooms, playgrounds, and  
near-by swimming pool and skateboard park  
within beautiful McKinley Park. Come and  
enjoy all the things that summer offers!" -Brian  
Zachary, market manager.

**Follow "Creston Farmers' Market" on Facebook!**

<https://www.facebook.com/CrestonMarket/?fref=ts>